



UnitedHealthcare Healthy Pregnancy® app Get 24/7 nurse support and pregnancy information — all from the convenience of your mobile device

The UnitedHealthcare Healthy Pregnancy app gives you tools to track your pregnancy, week by week, set appointment reminders, meditate with your baby and more. As part of your benefit plan, you can download the app at no additional cost to you.

It's much more than a pregnancy tracker app

See how the UnitedHealthcare Healthy Pregnancy app offers resources starting with early signs of pregnancy through all of your pregnancy trimesters.



Discover all the pregnancy help you'll find on the app

- Click to call a registered nurse 24/7
- Track your pregnancy, week by week
- Search for early signs of pregnancy and symptoms
- Access pregnancy-specific tools to track your weight, count kicks, meditate, get appointment reminders and more.



Enroll in the Maternity Support program

When you register for the Healthy Pregnancy App, simply complete the Welcome Pregnancy Questionnaire to enroll in the Maternity Program. Like the app, it's provided at no extra cost. Talk with maternity nurses for answers, information and encouragement before, during each pregnancy trimester and after your pregnancy. If needed, you may also receive specialized support for high-risk situations.



Connect with a maternity nurse 24/7 for guidance and support



Get medically approved pregnancy information and tools



Download the app at no cost to you

Call UnitedHealthcare at 800.842.2982; Policy# 714347